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LOT LIKE U.S. FIGURES BEFORE THE
HOUSING BUST, EXPERT WARNS PAGE 10

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Tuesday, October 16, 2012
News worth sharing.

Tenants left out in the cold

No heat. Resident worries about elderly in his West End building without heat

A tenant who's been waiting more than a month for the heat to be turned on in his West End apartment has gone to the Residential Tenancies Branch and now the media after he says he's gotten nothing but the cold shoulder from his property management company.

"When I get home I have to put on long-johns, sweatpants, a hoodie, a sweatshirt, a jacket and a toque," said Charles Tizya, 63, who lives in a one-bedroom apartment at 508 Sherbrook St. "I have three layers of blankets at night, and it's just enough to keep me warm, not at all cosy."

Tizya said he first called his property managers — Hudson Bay Traders Ltd. — in mid-September when temperatures dropped below seasonal and the building's boiler didn't

turn on. He said he got a chilly response.

"She insisted that I turn on my oven or purchase a heater," said Tizya, who is a full-time student. "I can't afford to run up my power bill or buy a heater because I'm just scraping by as it is."

He has since contacted the Residential Tenancies Branch and a bylaw enforcement officer stopped by to take readings last Friday.

"They were just flabbergasted, because it was just 4 C in my apartment at about 2:30 in the afternoon," Tizya said Monday, estimating temperatures are below freezing at night. "They ordered the landlord to have the heat on ... and the property manager assured the officer the heat would be on Friday — but by today, still nothing."

Tizya doesn't know whether the building's boiler is broken or whether the company is just trying to save money.

The Manitoba Residential Tenancies Act does not set out a date that landlords are required to turn on heat, but does mandate that temperatures must be at least 21 C from 11 p.m. and 7 a.m. and never lower than 18.3 C.

A representative from Hudson Bay Traders Ltd. refused to comment when contacted by Metro on Monday.

SHANE GIBSON/METRO



Charles Tizya, 63, has gone to the Residential Tenancies Branch after he said the company that manages his West End apartment refused to turn on the building's boiler and told him to turn his oven on for heat. SHANE GIBSON/METRO

Quoted

"The property manager assured the officer the heat would be on Friday — but by today, still nothing." Charles Tizya

Katz and dogs

The founders of the Pet and Learning in School program awarded for work with at-risk kids PAGE 3

Breaking out

It could be stress, diet or pregnancy, but hormonal imbalance is the main reason for adult acne PAGE 17

Dalton Days are done

Ontario premier steps down, proroguing legislature PAGE 6

Goosebumps grows up

R.L. Stine takes a stab at adult horror books PAGE 14

What does your freedom look like?
Turn to page 9.



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Waste management

Emterra has until end of the week to clean up its act

The City of Winnipeg is willing to give Emterra until the end of the week to see the results of a plan the waste management company gave to city officials on Saturday.

Darryl Drohomerski, manager of solid waste, said the plan specifically details how the company will be getting garbage, recycling and leaf collection back on track following more than a few hiccups and thousands of complaints to the city's 311 phone line.

"We have a plan from the collector that was given to us over the weekend to get the services back on schedule," said Drohomerski. "What we've seen so far, to date, is that the collection is much improved over the last several days."

Drohomerski said there have been "weird little misses," such as in the Norwood Flats area and in a few streets outside of the city limits that should have been picked up.

Emterra's plan, said Drohomerski, is to catch up on yard waste collection by Tuesday, and garbage and recycling by the end of this Friday.

"For the most part, they're (Emterra) trying very hard, I think they do have a few challenges with street-level supervision, knowing that the work was completed," said Drohomerski. "You can always do better and that's what part of the plan is addressing."

Emterra hired other collectors to help pick up yard waste due to "a peak period of material right now," added Drohomerski.

BERNICE PONTANILLA/METRO



You can't be this tall to ride

McPhillips Street closed to traffic in both directions Monday after a dump truck got wedged under the railway bridge between Jarvis and Logan avenues shortly before 8 a.m. The driver was taken to hospital in stable condition for observation and was not seriously injured in the crash. SHANE GIBSON/METRO

Anti-Semitism. Racist email 'sad, pathetic,' Mayor Sam Katz says

Mayor Sam Katz says a racist email sent to the online Winnipeg Jewish Review is "extremely unfortunate" and a sad reminder that racism still exists.

On its website, the Review said the email was similar in nature to the posters that popped up around the downtown area in September and emerged again this past weekend.

"I think it's sad, I think it's pathetic and I hope they find the individual," said Katz on Monday. "Maybe this person needs help and hopefully they find it."

Katz says that in his job as mayor, he's had his life threatened and had "people offer to put up money to have me killed."

The email included a list of 13 prominent individuals — most of Jewish heritage — with their names crossed out.

"Racism isn't something new, that's something many people have experienced," Katz added. "Anti-Semitism, I've experienced that since I was a young boy, and the realities are it's not the first time something of this ilk has happened."

BERNICE PONTANILLA/METRO

Award goes to the dogs

Let's be PALS. Dogs and their owners recognized for their work with at-risk kids



BERNICE PONTANILLA
bernice.pontanilla@metronews.ca

Shayleen Costello said she first saw Piper the therapy dog a year ago walking the hallways of her school.

On Monday, the Grade 7 Greenway School student watched as Piper and Jim and Margaret MacKay, founders of PALS, the Pet and Learning in School program, received the Community Service Award from Mayor Sam Katz during the 2012 Senior of the Year Awards.

Costello, 11, said she nominated the MacKays because they volunteer their time at Greenway when "they didn't have to" and have helped her and other students with their reading.

"When the dogs are there, it attracts their attention," she said.

PALS first began as a pro-

Unconditional love

"The dogs don't criticize, they accept them for what they are."

Margaret MacKay

gram for autistic and adaptive-skills students, but has now expanded to all students, especially at-risk children.

The dogs, Digby, Phlirt and Piper, are certified by St. John's Ambulance as therapy dogs.

Margaret MacKay hopes the award helps to further promote their program and encourage more seniors to bring therapy dogs into classrooms across the city.

"It means that maybe the program will be promoted more and there will be more children that take advantage of working with dogs because it certainly does help them with their social skills, their attendance in school, and their self-esteem and, of course, their reading, too," said Margaret MacKay. "It lifts their spirits, they're happy to see the dogs, it's something they look forward to."



Mayor Sam Katz, left, presents the Community Service Award to Margaret and Jim MacKay and their dog Piper at city hall on Monday. BERNICE PONTANILLA/METRO

1 NEWS

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A new report questions science behind flu shots

Not as advertised.

Report calls for new, better flu vaccine

A new report says flu vaccine is not as effective as public health messaging suggests and new and better vaccines are needed.

The report suggests the current vaccines offer moderate protection some years and less in others.

The authors say the problem is that having vaccine that is deemed good enough is a disincentive for the industry to develop longer-lasting and more effective flu shots — especially given that better vaccines would likely cost significantly more.

The report of the CIDRAP Comprehensive Influenza Vaccine Initiative was written by public health experts at the Center for Infectious Diseases Research and Policy at the University of Minnesota.

The authors strongly



A nurse injects a patient with an H1N1 vaccine during a flu shot program in Calgary in October 2009. THE CANADIAN PRESS

advocate for major investments to develop new flu vaccines but say in the meantime, people should continue to use the currently available shots.

It questions many of the dogmas that are accepted about flu vaccine, including that vaccinating children

will protect the elderly, who don't mount a good immune response to flu vaccine.

In addition, it says there is no evidence to support the idea that flu vaccine is more effective in years when the strains included in the shot are a good match for those circulating in nature.

The 160-page report is the result of a three-year investigation into the science supporting flu vaccine efficacy and safety and the decision-making processes that led to the U.S. policy to recommend all Americans get a flu shot every year.

THE CANADIAN PRESS

Ashley Smith. Fight over disclosure of evidence at inquest

Federal correctional authorities are trying to stop public disclosure of videos and documents during a fight over the scope of an Ontario inquest into the prison death of a deeply troubled teen five years ago.

The motion to seal the materials — which a lawyer for the family of Ashley Smith called a “pure and simple state cover-up” — threatens to further delay the already long-delayed probe.

“This is a classic example of the method of doing business by Correctional Service of Canada,” Julian Falconer, the Smith family lawyer, said Monday. “Their first instinct is to seal up and hide from public view.”

Smith, 19, choked to death Oct. 19, 2007, in the Grand Valley Institution in Kitchener, Ont., after repeated bouts of self-harm. She had spent much of her final year in solitary confinement, being shunted from one prison to another.

The inquest has seen its share of legal battles, including a challenge to the release of graphic jailhouse videos, which show Smith being forcibly restrained and injected with anti-psychotic drugs in a

Second inquest

The inquest under Dr. John Carlisle, slated to begin early in the new year, is actually the second one into Smith's death.

- **First inquest.** The first was aborted last year when the presiding coroner, Dr. Benita Porter, announced her retirement after months of acrimony and bruising legal battles.

- **Jurisdiction.** In its new motion, Correctional Service argues for sealing the video and other materials, which have been filed as part of a battle over Carlisle's ability to have doctors from outside Ontario testify at the inquest.

Quebec prison.

Keeping these materials under wraps is needed to “protect the integrity” of the inquest and prevent a “serious risk” to the administration of justice, the new motion argues. THE CANADIAN PRESS

Gun markings help police: Feds

The Conservative government that earlier this year killed the national gun registry now says placing serial numbers on long guns contributes to public safety by allowing police to trace them.

The Public Safety department says that, effective Dec. 1, long-delayed rules on gun markings will come into force.

The rationale for the move, says a government background document, is “to contribute to public safety, by facilitating law enforcement investigations when the markings can be linked to information on the last legal

Safety

“(The rules aim) to contribute to public safety, by facilitating law enforcement investigations.”

Government background document
Explaining the rationale for the new rules

owner of the firearm.”

But unlike the original 2004 regulations that have been postponed three times by the Harper government, the rules taking effect this year will not be enforced on gun makers, and there will be no compliance measures and no penal-

ties for non-compliance by gun owners.

Since the government is destroying the existing registry and legislating that gun dealers no longer record the identity of gun buyers, the usefulness of tracing serial numbers may be limited. THE CANADIAN PRESS

Rules

The new regulations differ from the now-defunct national gun registry.

- **Controversial markings.** The changes eliminate specific Canadian markings that were originally part of the legislation, a move that the Montreal-based Coalition for Gun Control says puts Canada in breach of international firearms protocols.

Online bullying. ‘Vicious’ homophobic remarks common on Twitter: Study

Researchers at the University of Alberta who started a website to track homophobic remarks on Twitter are shocked by how frequent and vicious some of the attacks can be.

The site, NoHomophobes.com, is a running reminder of homophobia rampant on the internet, with counters marking the number of times words like “dyke” and “faggot” and phrases like “no homo” and “so gay” are used on Twitter.

The most popular word,

“faggot,” has appeared on the social networking site more than three million times since the team started tracking data in July.

“We were surprised by the sheer volume of the language that was being used and in some cases about the vicious nature that the language is being used in,” said Kristopher Wells, of the Institute for Sexual Minority Studies and Services at the University of Alberta.

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He's an Austrian record breaker, not an Australian

Supersonic skydiver.

Austrian pride soars after Felix Baumgartner's legendary jump, and his fans at home want him to be known as one of their own

In tiny Austria, where souvenir shops do brisk business in T-shirts bearing the crossed-out image of a kangaroo, some hope skydiver Felix Baumgartner's record-breaking jump will mean that — for a while at least — people will stop confusing their country with Australia.

The daredevil Austrian not only became the first man to shatter the sound barrier without travelling in a jet or spacecraft, he also made the highest jump ever — a tumbling, death-defying plunge from a gossamer balloon floating in the stratosphere — before landing safely Sunday in the New Mexico desert.

But the pride felt here in the man known as "Fearless

Felix" goes beyond reminding the world that Austria is not Australia. It also resonates on a deeper level in a country whose positive achievements have often been overshadowed by its association with Adolf Hitler.

This nation of less than nine million people gave birth to Wolfgang Amadeus Mozart, Franz Schubert, Gustav Mahler and Sigmund Freud as well as scores of other Austrians who have left huge footprints across the centuries in music, politics, art and science. Its Alpine lakes and mountain peaks are immortalized in The Sound of Music, and its famed contemporary human exports include Arnold Schwarzenegger and Hollywood chef Wolfgang Puck.

But Austria is also frequently invoked as the birthplace of the Nazi dictator — and more recently as the home of Josef Fritzl, the man sentenced three years ago to life in prison for locking his daughter in a basement dungeon for 25 years and fathering her seven children.

Foreign media commentators back then argued that there must be something inherently



Felix Baumgartner, right, of Austria, shares a laugh with Col. Joe Kittinger, USAF retired, after successfully jumping from a space capsule lifted by a helium balloon to a height of just over 128,000 feet above the Earth's surface, beating Kittinger's old record of 102,799 feet on Sunday.

ROSS D. FRANKLIN/THE ASSOCIATED PRESS

evil in a nation that can produce both Hitler and Fritzl, prompting the government to declare that Fritzl's crimes were an "isolated case" that the country could not be held hostage to.

With such associations weighing heavily on their minds, many Austrians were happy Monday for a new local hero swelling the ranks of the nation's good guys.

Vienna resident Mahir Dizdarevic described Baumgart-

ner's stratospheric stunt as "good PR for Austria," adding with a laugh: "Let's hope we won't get mistaken for Australia anymore."

Peter Portugal, a fellow Viennese, also expressed his nation's pride. "He's Austrian, and I'm insanely happy that an Austrian did that," he said. "After all, he broke some records — and they will last for his entire life, my life and Austria's life."

THE ASSOCIATED PRESS

Guantanamo. Prisoners face military tribunal



Ken Fairben holds a photo showing his son Keith, left, a victim of the Sept. 11 attacks, posing with his mother Diane Fairben, as he holds a press briefing on Monday. Military installations are welcoming families of 9-11 victims this week to watch pretrial hearings in Cuba for five men charged in the terrorist attacks via closed-circuit television. BEBETO MATTHEWS/THE ASSOCIATED PRESS

Five Guantanamo prisoners charged in the Sept. 11 attacks returned before a military tribunal Monday, forgoing the protest that turned their last appearance into an unruly 13-hour spectacle.

But the apparent co-operation of Khalid Sheikh Mohammed, who has said he masterminded the worst terror attack on U.S. soil, and four codefendants did little to speed up proceedings that have stuck in a legal and political morass for years.

Prosecutors and lawyers spent hours arguing the most preliminary of issues, including whether the defendants have to be in court at all, with

one attorney saying the hearings may dredge up bad memories of their harsh treatment in CIA detention. The five men sat quietly at the defence tables under the watchful eyes of military guards and several 9-11 family members at the U.S. base in Cuba. Mohammed, his beard dyed a rust colour with henna, serenely read legal papers. Two others responded politely to the judge when asked. All seemed to co-operate with their attorneys in a specially designed high-tech courtroom that allows the government to muffle sounds so spectators behind a glass wall cannot hear classified information.

THE ASSOCIATED PRESS

Israel. Multimillionaire put under house arrest

Israeli authorities have placed a multimillionaire celebrity rabbi with a strong American following under house arrest and banned him from travelling abroad as they investigate allegations that he bribed a high-ranking officer for access to his police file, police said Monday. Rabbi Yoshiyahu Yosef Pinto's legal saga took a dramatic twist this week: investigators interrogated Pinto for three hours Sunday, police spokesman Micky Rosenfeld said, but cut short the questioning after news came that Pinto's wife — also questioned in the affair — had overdosed on pills and was rushed to the hospital. The Israeli media called it an apparent suicide attempt.

Pinto is under 15-day house arrest and a six-month travel ban, Rosenfeld said, but police allowed him to visit his wife in the hospital. He said police are continuing their investigation and would question the rabbi again if necessary.

Pinto is among a group of rabbis who have amassed vast fortunes by becoming spiritual gurus to the top rung of society, attracting many followers among the rich and powerful in Israel, New York, and elsewhere.

He is ranked by the Israeli

Quoted

"The rabbi answered all the questions in his investigation. He is sure that after the facts come to light, the police will understand that the suspicions are completely baseless."

Rabbi Yoshiyahu Yosef Pinto's spokesman, Amir Dan

On how Pinto and his wife deny allegations that he bribed a high-ranking officer for access to his police file.

edition of Forbes Magazine as Israel's seventh wealthiest rabbi with an estimated net worth of about \$19 million.

Israeli media reported the police began tracking Pinto after he approached the head of the investigations department in the Israeli police — who is reportedly an adherent of the rabbi — and allegedly offered him a large sum of money in exchange for access to a separate investigation involving him.

That investigation, Israeli media reports said, concerned an aide to Pinto, a charity executive suspected of embezzling donations and selling food intended for Holocaust survivors.

THE ASSOCIATED PRESS

Transit Tuesday



Weekly Transit News Update

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Labour movement. New 300,000-strong union could soon double in size

The labour movement is looking to become a political force again by creating Canada's largest private sector union that will seek to double its size by organizing new workplaces and opening up its ranks to non-traditional members.

The Communications, Energy and Paperworkers Union of Canada voted Monday to approve a merger with the Canadian Auto Workers, which gave its OK to the plan in August.

The new union will initially have more than 300,000 members across roughly 20 sectors of the economy, but CEP president Dave Coles

Occupy spirit

Union leaders said the new entity will try to capture the spirit of the student protests that gripped Quebec last summer, and the Occupy movement.

said he doesn't anticipate it remaining that size very long.

"Doubling that in a very short period of time is not unreasonable and it gives different voices to the debate and to the argument," he said during a news conference in Quebec City. **THE CANADIAN PRESS**

Cycling accidents

Helmets prevent deaths: Study

A study found cyclists who didn't wear a helmet were three times more likely to die of a fatal head injury than those who wore head protection while riding.

THE CANADIAN PRESS

Quebec inquiry

Illegal fundraising common: Witness

Former construction boss Lino Zambito said yesterday during Quebec's corruption inquiry that illegal fundraising was commonplace in the province's politics.

THE CANADIAN PRESS

Ontario Premier McGuinty steps down

Under fire. Provincial leader calls is quits amid political gridlock after nine years as premier, 16 as Liberal leader

Beaten down by a series of scandals, Ontario Premier Dalton McGuinty announced late Monday he was stepping down as Liberal leader and adjourning the legislature because his minority government can't pass legislation to freeze public sector wages.

After 16 years as party leader and nine as premier, it's time for new blood, McGuinty told a surprised Liberal caucus as his wife Terri and brother Brendan looked on.

"It's time for renewal, it's time for the next Liberal premier, it's time for the next set of Liberal ideas to guide our province forward," McGuinty told the caucus.

"To that end, I spoke with the president of our party and asked that he convene a leadership convention at the

Politics aside

"I have never doubted his sincere commitment to the people in this great province of Ontario ..."

Conservative Leader Tim Hudak

earliest possible opportunity."

McGuinty said he would stay on as the MPP for Ottawa-Centre until the next election.

The Liberals have been under fire for months for an out-of-control air ambulance service and faced a second contempt motion Monday for cancelling two gas plants in Mississauga and Oakville at a cost of hundreds of millions of dollars to taxpayers.

However, McGuinty blamed the fight over a public sector wage freeze for his second surprise — adjourning the legislature. He vowed the Liberals would try to negotiate zero-increase agreements with the unions — something the NDP has demanded — and would also use the break



Ontario Premier Dalton McGuinty walks out of the government caucus room with his wife Terri after announcing he is stepping down from his position, Monday, in Toronto. MICHELLE SIU/THE CANADIAN PRESS

to negotiate with the Progressive Conservatives.

"They oppose our wage freeze plan, and that means we can't make it the law, certainly as it stands at this point," said McGuinty.

"I met with the LG (lieutenant-governor) earlier today and asked that we prorogue the house so that we can pursue both discussions, both tracks, in a way that is free of the heightened rancour that has sadly, too frequently, characterized our

legislature of late."

The government needs the wage freeze for about 481,000 public sector workers to trim the \$14.4-billion deficit, and McGuinty said proroguing will give the government time to find out exactly what the Tories want to approve the plan.

THE CANADIAN PRESS

Go to metronews.ca to see reactions from politicians, readers and Ontarians about the surprise resignation.



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NDP motion targets bullying following B.C. teen's death

House of Commons.

New Democrat MP Dany Morin wants the feds to create a national bullying prevention strategy

When Dany Morin was being picked on in high school, there was no such thing as Facebook.

The taunting faced by teens these days is far worse than it was 20 years ago, the New Democrat MP said Monday as his motion calling for a national effort to fight the problem came before the House of Commons.

"Nowadays, with cyber bullying, with social media, it has gotten to a breaking point," said Morin, whose motion comes in the tragic wake of a bullying-related suicide that has captured



New Democrat MP Dany Morin speaks with the media Monday.
ADRIAN WYLD/THE CANADIAN PRESS

the country's imagination.

The death last week of Vancouver teen Amanda Todd has served to shine a spotlight on the problem and expose the urgent need for a solution, Morin said.

"It is a nationwide problem and it is, unfortunately,

only growing with time."

The NDP motion calls for the creation of a House of Commons committee to develop a national bullying prevention strategy that would examine the prevalence and impact of bullying and look for ways to prevent it.

It's high time the federal government got involved in an effort to put a stop to bullying, said Queen's University psychology professor Wendy Craig.

"A national campaign needs to focus on relationships — relationships between parents and children, relationships between all adults who work or are involved with children and with youth-to-youth relationships," said Craig, the scientific co-director of Promoting Relationships and Eliminating Violence Network (PREVNet).

THE CANADIAN PRESS

Malala Yousufzai

Pakistani activist treated in Britain

A 14-year-old Pakistani activist shot in the head by the Taliban arrived in Britain on Monday to receive specialized medical care and protection from follow-up attacks threatened by the militants.

Malala Yousufzai was targeted by the Taliban for promoting girls' education. The attack horrified people across the country and abroad.

The Taliban have threatened to target Malala again until she is killed because she promotes "Western thinking."

THE ASSOCIATED PRESS

Corporal punishment

Teen girl whipped in Timbuktu

A teenaged girl received 60 lashes in Timbuktu after Islamist extremists convicted her of speaking to men on the street.

The girl, about 15 years old, was allegedly caught standing alongside men by the Islamists of Ansar Dine who now run the area.

The Islamists said the girl was warned five times by Islamist police before the public whipping, which took place near Independence Square.

THE ASSOCIATED PRESS



Standoff ends in arrest

A hotel guest leaves the Fairmont Pacific Rim Hotel in Vancouver on Monday. A 28-year-old Surrey, B.C., man was arrested after a 10-hour standoff with police at the waterfront hotel. The man reportedly walked into the hotel around 2:30 a.m., showed off his weapon, sat down and waited. Police said he didn't threaten anyone and negotiators attempted to find out what he wanted. He was eventually taken into custody just after noon and then brought to hospital with minor injuries.

JONATHAN HAYWARD/THE CANADIAN PRESS

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Next U.S. presidential debate: Dos and Don'ts for Obama and Romney

Tuesday's face-off.

Debate professor Melissa Wade offers some tie-breaking advice to the president and presidential hopeful

ANTHONY JOHNSTON
Metro World News

The second U.S. presidential debate is on Tuesday night at Hofstra University in New York state. Can President Barack Obama return to form, or will Mitt Romney keep the momentum?

We spoke to Melissa Wade, debate professor at Emory University in Atlanta, on what the two candidates need to do if they want to come out on top.

Do: Smile and say 'I killed Osama'

To do better than last time, all Obama needs to do is smile. "Obama was too passive but I believed he was coached in that way so as not to appear condescending. Obama will need to be assertive without being too aggressive," Wade said.

For Obama to score highly, he needs to lay down a clear strategy — boosting the manufacturing industry, for example — "and it wouldn't hurt if he said, 'I killed Osama!'"



Don't: Fumble, stumble, or act too humble

Obama has recently been trying to portray himself as a humble guy with a dose of self-deprecation, calling himself an imperfect man. But Wade reckons this strategy makes no sense: "That's a stunning lack of judgment on his part to say such a thing."

Also key for Obama is simply looking straight at the camera: "He spent too much time in the first debate staring down at his notes — it looked as if he was asleep or disengaged."

Do: Open up, warm up, make it personal

"Now Romney has a real opportunity to change his distant persona," Wade said. "He has been reluctant in the past to talk about his personal life, but if he goes on the offensive, opens up and shares his life experiences with the audience, he will do well."



Don't: Talk too tough, act too conservative

Foreign policy will be on the first agenda and Romney can't be seen as too conservative. "Romney has to show he won't do anything dangerous in foreign policy as president," Wade said. "Romney is also known to mis-speak, especially on foreign policy. His comments on the American embassy attacks in Libya, using the attack as political fodder against Obama, was seen as inappropriate and still makes people nervous."

GETTY IMAGES

Cheesy stunt

Pizza Hut amends its own debate strategy

Pizza Hut is rethinking its contest daring people to ask "Sausage or pepperoni?" at Tuesday's U.S. presidential debate.

After the stunt led to criticism last week, the restaurant chain says it's moving the promotion online, where a contestant will be randomly selected to win free pizza for life.

Pizza Hut had offered the prize — a pie a week for 30 years, or a check for \$15,600 — to anyone who posed the question to either President Barack Obama or candidate Mitt Romney during the live debate.

But blogs and media outlets immediately criticized the chain for trying to capitalize on the election.

The blog Gawker wrote about the stunt under the headline, "Want Free Pizza Hut Pizza for Life? Just Make a Mockery of the American Democratic System on Live TV."

Pizza Hut says it will still honour the prize if someone poses the question live at the debate.

THE ASSOCIATED PRESS

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Francesco Schettino, centre, the former captain of the cruise ship Costa Concordia, leaves the Teatro Modemo theatre in Grosseto, Italy, Monday, where the first hearings are taking place into the Jan. 13 shipwreck that left 32 people dead.

GREGORIO BORGIA/THE ASSOCIATED PRESS

Russian investigation

Pilots in plane crash were drunk

Russia's investigative agency says both the pilots of a plane that crashed last month in Russia's far east, killing 10 people, were drunk.

The plane slammed into a forest on the Kamchatka Peninsula on Sept. 12. Ten of 14 people on board, including both pilots, were killed.

THE ASSOCIATED PRESS

Leaked video

Hulk Hogan suing over sex tape

Reality TV star and former pro wrestler Hulk Hogan is suing a Tampa Bay-based disc jockey, the DJ's ex-wife and a New York media group over a sex tape.

Hogan says he was secretly taped six years ago having sex with the ex-wife of DJ Bubba "The Love Sponge" Clem.

THE ASSOCIATED PRESS



Hulk Hogan THE ASSOCIATED PRESS

Paris court

Man sentenced for attacking photog

A Paris court has convicted a 23-year-old man of attacking and injuring a photographer who had taken photos of a group of women who were breaking a new French law by wearing face-covering veils. The court sentenced Ymad Bilel Benouahab on Monday to 18 months in prison for the attack.

THE ASSOCIATED PRESS

Former cruise captain faces victims at court hearing

Costa Concordia shipwreck. Court convenes in Tuscan city to determine whether case will go to trial

The former captain of the shipwrecked Costa Concordia cruise liner came to an Italian court on Monday to hear the evidence against him, while passengers who survived the Jan. 13 collision in which 32 died showed up to look him in the eye.

Wearing dark glasses, Francesco Schettino used a back entrance to slip into a theatre in the Tuscan city of Grosseto that is serving as a courtroom. He made no comment to reporters outside.

The Concordia ran aground and capsized off the Tuscan island of Giglio after Schettino took it off course and brought it close to the island as part of a stunt.

Hearings this week will help decide whether a judge will order trial for Schettino, who is charged with manslaughter, causing the shipwreck and abandoning ship while passengers and crew were still aboard. He denies the charges. Any trial is unlikely to begin before next year.

More than 1,000 survivors, victims' relatives and their lawyers are attending the closed-door hearing to discuss the evidence against Schettino and

Investigation report

Last month, four court-appointed experts delivered a 270-page report of what went wrong that night.

- **The experts.** Two admirals and two engineers lay most of the blame for the collision with the reef and the botched evacuation on Schettino.
- **Unprepared.** They also noted that not all crew members understood Italian, not all had current certification for evacuation procedures, and not all passengers had participated in evacuation drills.

eight other defendants, including crew members and officials from Concordia owner Costa Crociere SpA, which is owned by Miami-based Carnival Corp.

"We want to look him in the eye to see how he will react to the accusations," said German survivor Michael Liessen, 50, who was attending Monday's hearing along with his wife.

Schettino has insisted that by guiding the stricken ship to shallower waters near Giglio's port instead of immediately ordering an evacuation he potentially saved lives. He has claimed that another official, and not he, was at the helm when the ship struck.

THE ASSOCIATED PRESS



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What crisis? Global luxury sector sees third straight year of strong growth

Chinese shoppers at home and abroad are pushing global sales of luxury items to new heights, helping the sector post its third straight year of strong growth since the global recession.

A new study by Bain & Company released Monday forecasts the global luxury goods market for clothing, accessories, jewelry, cosmetics and art will grow 10 per cent this year to 212 billion euros (\$274 billion US) from 192 billion euros in 2011.

That would be the third straight year of double-digit growth following two years of contraction in 2008 and 2009 when many countries around the world slid into a deep recession following a banking crisis.

Claudia D'Arpizio, a Bain partner and lead author of

By the numbers

10%

A new study forecasts the global luxury goods market for clothing, accessories, jewelry, cosmetics and art will grow 10 per cent this year to 212 billion euros (\$274 billion US).

the study for Italy's luxury trade association Fondazione Altgamma, called concerns about market weakness "overblown."

While the global economic crisis that began in 2008 has shown few signs of abating in pockets, particularly in Europe, the luxury sector overall has been in recovery since 2010, when high-end consumers resumed their easy spending habits. **THE ASSOCIATED PRESS**

Market Minute



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(-0.07¢)

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OIL
\$91.85 US (-1¢)



GOLD
\$1,737.60 US (-\$22.10)

Streaming. Windows 8 tablets can access songs via Xbox Music service

Buyers of tablets that run Microsoft's newest operating system, Windows 8, are in for a pleasant musical surprise: They'll be able to handpick from a selection of millions of songs and stream them for free as long as they put up with an audio ad every 15 minutes.

The new feature, called Xbox Music, is not on offer anywhere else at the moment.

Sweden's Spotify, for instance, allows track selection and playback on personal computers for free — with the occasional audio ad — but doesn't allow you to pick exactly the song you want on tablets unless you pay \$10 US a month.

Although this is a step for-

ward for the music industry, its appeal is limited by the expense of most mobile data plans. Most cost more the more data you use, which can make streaming music on cellular networks fairly expensive.

The free version of Xbox Music won't let you download songs and save them for offline playback. That will require paying \$10 US a month.

The paid subscription is also required if you want to use Xbox Music on the Xbox 360 game console or on smartphones that use Windows Phone. On the game console, an Xbox Live Gold membership, which costs \$60 US a year, is also required.

THE ASSOCIATED PRESS



Activists accuse Walmart's pork suppliers of mistreating pregnant pigs

Animal-rights activists protest outside Walmart in Alpine Township, Mich., on Monday. Mercy For Animals, a national U.S. non-profit, organized the protest to call attention to Walmart's pork suppliers, which they say confine pregnant pigs to small crates. **CORY MORSE/THE GRAND RAPIDS PRESS/THE ASSOCIATED PRESS**

Family finances in worse shape than expected

Revised StatsCan data.

But new figures also show that Canadians have more assets than previously thought

Canadian households are even more in debt than anyone imagined, according to a revised Statistics Canada calculation that gives a more accurate picture of family finances.

The revisions place household credit market debt in the second quarter at 163 per cent of disposable income, well above the previously reported 152 per cent, although the two levels are no longer a direct comparison.

The new numbers remove non-profit institutions from

the household category, giving a more accurate accounting of family finances.

The revision shows debt growth over the last decade that looks "eerily similar to the U.S. experience, just before their dramatic housing bust," said David Madani, an analyst with Capital Econom-

"Overall, this supports our bearish view that Canada's housing boom is unsustainable and the eventual correction, which we think is already underway, is likely to have ... material negative implications for growth," he said.

The revisions show a much steeper climb, with debt growing in each of the past six quarters. Madani doubts the news will cause the Bank of Canada to hike



A revised Statistics Canada calculation puts household credit market debt at 163 per cent of disposable income. RYAN REMIORZ/THE CANADIAN PRESS

interest rates, saying that point has passed given the slowing housing market and still weak global economy.

There was some good news in the revised data. It turns out Canadians have

more assets than previously thought, with per capita net worth rising \$7,900 to \$190,200 due mostly to an improved calculation of holdings in unlisted company shares. **THE CANADIAN PRESS**

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Suit charges Morgan Stanley discriminated over loans

Morgan Stanley is being accused of discriminating against black homeowners and violating federal civil-rights laws by providing strong incentives to a subprime lender to originate mortgages that were likely to go unrepaid.

The lawsuit, which seeks class-action status, was filed Monday by the American Civil Liberties Union and others on

behalf of five Detroit residents and Michigan Legal Services.

The five homeowners in the lawsuit received their loans from subprime lender New Century Mortgage Corp., which has since collapsed. The lawsuit claims Morgan Stanley pushed New Century to issue certain types of loans with no concern about risk, because it made its profit at

Quoted

"With this lawsuit, real victims of the subprime lending scandal are stepping forward to hold investment banks like Morgan Stanley accountable for the devastation the banks wrought in their lives and in our economy."

ACLU Executive Director Anthony D. Romero

the outset when the investment bank bundled the loans

into securities and sold them. **THE ASSOCIATED PRESS**

WHY CAN'T WE TAKE LOOKS OFF THE POLITICAL AGENDA?



SHE SAYS...
Jessica Napier
metronews.ca/voices/
she-says

With an imminent election happening south of the border, October seems like the perfect month to release yet another research report on the differences between Democrats and

Republicans. Last week, I found my eyes permanently rolled into the back of my head after reading about a recent U.S. study that compared the attractiveness of female representatives from both political parties.

Forget about intelligence, personality or an actual ability to do the job, let's talk about whose face is more symmetrical!

Shockingly, this "study" wasn't performed by a room full of frat boys but by actual researchers at the University of California. Using a computer modelling program, researchers measured various physical characteristics of the members of the House of Representatives to determine which party had more female politicians with "stereotypically feminine facial characteristics."

The results show that Republican women are "prettier" — and we're talking strictly on the outside here, folks — than their Democrat counterparts.

Pretty state of affairs

Forget about intelligence, personality or an actual ability to do the job, let's talk about whose face is more symmetrical!

Stereotypically feminine facial features? What does that even mean? The entire concept of feminine beauty is a cultural construct, not an objective truth.

The study assumes an ideal kind of beauty determined by a completely subjective set of parameters that have been perpetuated for decades by a media culture that favours full lips and narrow noses. The fact that Female A can be labelled as more gender-normative — and therefore more attractive — than Female B based on eye shape or forehead contouring is absurd.

This isn't science; it's sexism. There are multiple layers of offensiveness at work here but the most troubling thing about this study is that we continue to invest so much time and effort into caring about what our female politicians look like.

We rarely (if ever) evaluate male politicians like beauty pageant candidates and yet the discourse around women in politics always turns to their physical beauty — or lack thereof. But what does the placement of cheekbones and eyebrow arches really have to do with an individual's capacity to do their job? Nothing.

No matter how much progress women make in terms of representation in politics, studies like this and the resulting media coverage encourage us to fixate on appearance — Hillary Clinton's pantsuits, Sarah Palin's hairstyle, Michelle Obama's toned arms — over policy.

And so, since the body politic has strayed so far from reasonableness, I am calling for funding to embark on my own equally ludicrous companion study comparing the penis size of male Democrats versus male Republicans. Because if we're going to focus on the physical, doesn't the public have a right to know who has the most "stereotypically masculine" body parts?

Follow Jessica Napier on Twitter @MetroSheSays



Strong-arm tactics? Michelle Obama speaks on stage during Day 1 of the U.S. Democratic National Convention on Sept. 4. ALEX WONG/GETTY IMAGES FILE

Orphan gets shoulder to lean on



PHOTOS BY DENIS FARRELL/THE ASSOCIATED PRESS

Foundling rescue

Abandoned baby elephant finds welcoming home

A seven-and-a-half-month-old orphaned elephant named Moses cuddles with his adoptive "mother" and foundation owner Jenny Webb at sunrise at their home in Lilongwe, Malawi. Moses was found alone and close to death in the Vwaza Wildlife Reserve. He has been adopted by the Jumbo Foundation, where he is cared for and is being raised by humans.

THE ASSOCIATED PRESS

Dogs and elephant show



Orphaned elephant calf Moses takes his daily walk with pet dogs Barney, left, and Bagheera and adoptive "mom" Jenny Webb, at their Malawi home on Oct. 8.

Trunk feeder

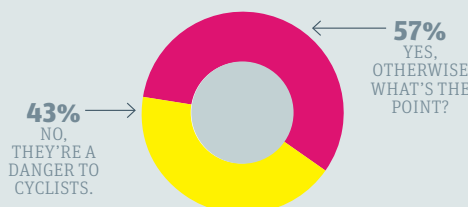
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Number of feedings Moses receives every hour. Below, the orphaned calf takes one of his two hourly formula bottles.



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Should e-bikes be allowed in bike lanes?



Twitter

@kjustinv:

McPhillips' closed because of an accident, traffic is not moving at arlington... Good "monday" morning winnipeg! lol! :)

@lurklove:

.@jameshopehoward it's sad, but I pretty much get all my local news from Winnipeg Cat captions.

@BSScottTWEETS:

Only in winnipeg do people randomly come up to you and

start beef.

@heron_j:

of course I go all week just coughing, then on the day I have two midterms. I feel like I have got hit by a bus, just got to make it through

@gdresser:

When will someone make an animated gif of the Austrian skydiver being run over by a bus seconds after landing? Don't let me down internet!



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Out of the Black puts a big light on Boys Noize

New album. Huge names jumping on board with Alexander Ridha as he continues his journey through the indie-music underworld

Alexander Ridha has made a name for himself. Performing under the name Boys Noize, he's been able to perform with the biggest names like Tiesto and Skrillex and collaborate with Snoop Dogg and Jarvis Cocker — all without major label representation. We caught up with Ridha at Electric Zoo in New York City to talk about his newest album *Out of the Black* and find out what influences him and keeps him going.

Out of the Black is coming out throughout October. What inspired you on this album?

One of the big parts of this album was really getting back since it's my third album. I was trying to get this feeling back when I first started producing.

Most of the time when you don't know what you are doing that's when the magic happens. I was really clearing my head and forgetting about everything that is going on right now and what is hot right now. It's a very personal album. I would say it's a mix of my first and second albums.

You have a lot of disco and hip hop influences. Is that what you grew up



Boys Noize has been getting big name collaborations without big label help. DOUGLAS VAN SANT FOR ELECTRICZOOFFESTIVAL.COM

listening to?

I have a 10 years older brother, and at the end of the 80s he was buying all those early house records so I was always into that, into real house music and rap at the same time, Run DMC and Public Enemy and stuff. When I started to buy records I was buying both, like hip hop and house. The way I always mixed house music as a DJ was also more in a hip hop way. I was cutting music and loops.

Who would we be surprised that we listened to? The Bee Gees?

I don't have anything against the Bee Gees and Donna Summer, but that was more my mother's side. She was all in

that disco stuff like chic.

What kind of hip hop did you listen to?

The old school stuff was kind of like Pharcyde or Wu Tang. When it came out, I was able to rap the whole ODB album, the first one.

Even though I didn't understand anything because I was German, I was rapping along! I stopped buying hip-hop records towards the beginning of 2000 because it got too much like jiggy, and it was only about like rims and stuff. But I was still a big fan of any Neptunes or Timbaland production, and of course Dre. And of course Snoop.

Speaking of Snoop Dogg — or Snoop Lion, I guess...

Not on my album. On my album he's Snoop Dogg! (Laughs)

What was it like working with him on Got It?

It was amazing. It was like a dream come true. I was always saying to myself, 'If I would be able to make a track for him, I could stop making music.' I grew up with his sound. It was cool. You know he wants to vibe first so we hung out a little bit. In the beginning of this year we had the chance to record music together, hang out in his apartment and stuff. It was really nice and he's such a great guy.

METRO WORLD NEWS

DVD reviews



Moonrise Kingdom

Director. Wes Anderson

Stars. Jared Gilman, Kara Hayward, Bruce Willis

This beautifully rendered enchantment by Wes Anderson and co-writer Roman Coppola reveals them to be two artists who are very much in touch with their inner rebel kid. *Moonrise Kingdom* transports us to the sleepy summer of 1965 and a New England island called New Penzance, where two 12-year-olds are on the run. Errant boy scout Sam (Jared Gilman) and curious girl Suzy (Kara Hayward), pen pals turned delinquents in the service of love, are fleeing Sam's bullying troop and Suzy's distracted parents. The two can't escape everything: a hurricane is fast approaching. As Sam and Suzy go native and explore their love — mild petting is shown but sex isn't — the adults, including characters played by Bill Murray, Frances McDormand and Tilda Swinton, run wild trying to round them up.

Extras include three making-of featurettes.

PETER HOWELL

2 SCENE

Sean Paul makes sweet music



Sean Paul with his new mohawk. GETTY IMAGES

PAT HEALY
Metro World News

On Sean Paul's brand-new single, Kelly Rowland asks him, *How Deep Is Your Love?* The song is pure Mr. Loverman dance hall, as Rowland provides the pretty chorus hook and Sean Paul answers that his love is "deeper than the ocean" amongst the decipherable words in his bubbling patois. Though it seems as he could be flirting with any female, he could also be giving thanks to every female.

"I think I make good songs with ladies," says the Jamaican singer, displaying what is either an acute self-awareness or an understated view of his history of duets.

Over the years he has paired

his voice with the likes of Rihanna, Nina Sky, Alexis Jordan, Keyshia Cole and Beyoncé.

"With me wanting to do any other collaborations with ladies, I think Kelly Rowland was just like the cherry on top," he says.

This latest pairing also means that he's sang with two-thirds of the formative lineup of Destiny's Child.

"Yeah, Michelle," he says, contemplating the final puzzle piece, Michelle Williams, "I guess in the future I'll do a gospel tour with her."

It's hard to know if Sean Paul is serious or not, but he does seem genuinely interested in more male/female duets.

"I want to work with Alicia Keys because of her vibe. I want to work with Shakira, and I heard she just got pregnant — big ups and congrats to her,"

Mohawk Tomahawk

Sean Paul's new album *Tomahawk Technique* is the first to showcase his new hairdo, a change from the tight braids that were his trademark.

- **Quote.** "I'm gonna be like 80 and rocking a mohawk. People will be like, 'Look at that mad old dude!'"

he says, almost as if he's doing a shout-out on a radio station.

But the artist he seems really set on working with is Lauryn Hill: "I think she's an amazing talent," he says. "I do not like when people do not recognize history, and Lauryn Hill made history, man."

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Twitter plays catalyst as Stine finally takes on adult horror novel

Red Rain. Renowned children's horror author listened to social media followers and penned book for grown-ups about evil twin boys

DOROTHY ROBINSON
scene@metronews.ca

Twitter has been credited with a lot of things: The ousting of Egyptian president Hosni Mubarak, launching book deals (Sh-t My Dad Says), recounting what you had for lunch, etc. And here's one more gold star on the micro-blogging site's list of accomplishments: Getting famed young adult author R.L. Stine to pen a book for adults.

"I'm on Twitter all day long," says the engaging Goosebumps series author, only half-jokingly. "There are no kids on Twitter, but there are all these 20 and 30-somethings who grew up with Goosebumps."

These followers — which number around 60,000 — kept asking Stine if they'd ever be able to read something from him that's a bit more age-appropriate. "I thought, 'Gee, I have all of these people out there,'" says Stine. "And I can't ignore my audience!"

So *Red Rain*, a very adult horror book — following orphaned twins adopted by a well-meaning travel author and her family who are unaware that they are evil incarnate — was created. But what does it mean that Stine, who spent decades writing books for kids, created two monsters who were children?

"I thought people would find it funny," he says with a laugh. "Because I write about so many good children. The kids in *Goosebumps* are all good, fighting horrible evil. I thought people would find it ironic if I turned it around."

Red Rain is a tale of beautiful, otherworldly and, yes, evil twin boys who shoot laser beams out of their eyes. Making



them twins was an intentional plot device for Stine.

"All twins are scary," he says. "They have been through time." Stine researched twins throughout the ages before starting to write the book. "People would separate them at birth because they were considered bad luck," he recounted. "And, of course, there have been lots of horror books and movies as series of all time. Just how popular is the series? There have been more than 300 million books sold."



Children's, and now adult, horror author R.L. Stine. GETTY

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New World not a new genre for leading man Niall Matter

Sci-fi drama. Primeval: New World premieres Oct. 29

STEPHEN ERAMO
scene@metronews.ca

Dealing with all creatures great and small takes on a whole new meaning in SPACE's upcoming sci-fi drama Primeval: New World. A spin-off of the UK series Primeval, it follows a team of Vancouver-based scientists that investigates "Anomalies" or rips in time that allow prehistoric creatures to cross over into the present.

Having played Zane Donovan on Eureka, Niall Matter felt he might make a good fit as New World's leading man, software genius Evan Cross.

"This is a genre I'm pretty familiar with now, and I hoped that I would have a following from Eureka coming over with me because sci-fi fans are so loyal," he says. "Stepping into

a lead role and playing a bit of an action hero were things I was very interested in doing, so this opportunity came along at the perfect time."

Working with Evan to capture and try to return these unwanted interlopers home is Sara Canning's character of predator control officer Dylan Weir.

"The very first scene we shot for the series is where Evan and Dylan meet for the first time, and without spoiling it, there's something off in the distance that doesn't necessarily sound like a grizzly bear," says the actress with a chuckle.

Actor Danny Rahim, who plays firearms expert Mac Rendell, sees his character as the viewers' eyes and ears.

"This is a bizarre world where dinosaurs are walking around Vancouver, and as the sort of realist, Mac is like, 'Is that what I thought it was?'" says Rahim. "That's where I hope fans will engage with and relate to him."

Evan's colleagues also include business/financial whiz

Angelika "Ange" Finch (Miranda Frigon), who runs his company, Cross Photonics, and Toby Nance (Crystal Lowe), the techie responsible for building the team's Anomaly-busting gadgets.

"The biggest challenge with my character is trying to show all the human colors and not just the 'bitchy' boss lady," says Frigon. "You have to reveal what's underneath for people to realize, 'Oh, she does have a heart.'"

Lowe recalls, "I'd never played a techie before and I remember at the start asking Niall, 'Oh, God, when does this get easier?' because he'd done all that tech stuff on Eureka. He said, 'Don't stress; by episode five you'll be fine,' and he was exactly right."

Rounding out the team is government liaison Lt. Ken Leeds, played by Geoff Gustafson.

"Poor Ken is the least trusted one on the show. Is that warranted? You'll have to watch and see," says the actor.



Ken Leeds (Geoff Gustafson), left, Angelika Finch (Miranda Frigon), Dylan Weir (Sara Canning), Evan Cross (Niall Matter), Mac Rendell (Danny Rahim), Toby Nance (Crystal Lowe). HANDOUT

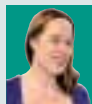


METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Kourtney, keep an eye on your guy



THE WORD
Dorothy Robinson
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Non-newsflash: Scott Disick is apparently a terrible person, according to a new story by The Daily's Flash.

The site reports that during a boys' night out at the Vista Lounge in the Mohegan Sun Casino, Kourtney Kardashian's baby daddy was spotted canoodling with a "hot blonde" and acted "incredibly mean" to his waitress.

"His arm slung cozily

around a hot blonde with her hair in a topknot, Disick seemed to be loving the bachelor lifestyle," The Daily's Flash reported about his questionable actions.

"Scott was so incredibly mean," his bottle waitress was overheard saying. "He literally ripped the bottle out of my hands when I came to the table, and later, he and his friends were just dump-

ing drinks on me. I'm glad to be done with their table for sure." Another eyewitness told the site, "It seemed so obvious his relationship with Kourtney is for show."

If I were Disick, I'd watch out. If he blows the carefully-crafted illusion that he and Kardashian are still a couple I'm pretty sure he'll one day soon wake up next to a horse head, courtesy of Kris Jenner.



Susan Sarandon

Sarandon didn't get her start the sleazy way

Susan Sarandon is a well-respected, Oscar-winning actress, but she didn't always have it so good. In fact, Sarandon

admits that early in her career she was even exploited in a 'casting couch' experience. "It was not successful — for either of us. I just went into a room, and a guy practically threw me on the desk," Sarandon tells Elle magazine. "It was my early days in New York, and it was really disgusting. It wasn't like I gave it a second thought, it was so badly done." The actress declined to offer specifics on the role for which she was auditioning at the time.



Lindsay Lohan

Can't keep a Lohan down

Lindsay Lohan is back in Los Angeles and "at ease" after a tumultuous trip to New York that culminated with police intervening in an argument between the actress and her mother, according to People magazine. She even hit up an old haunt, the Chateau Marmont, despite being on the outs with management earlier this year. "Lindsay was very talkative and led much of the conversation," the source says. "The group shared hot tea and late night salads. Lindsay definitely seemed at ease and in high spirits as they enjoyed a low-key night."

Pitt the pusher? Brad says he could nab you the bad stuff



Brad Pitt ALL PHOTOS GETTY IMAGES

If you're looking to get high, Brad Pitt can hook you up.

"It's certainly true that I could probably land in any city, in any state, and get you whatever you wanted. I could find any-

thing you're looking for, give me 24 hours or so," Pitt said, criticizing the U.S. war on drugs while introducing a screening of the House I Live In, a documentary about drugs in America, according to Us Weekly. "And yet we still support this, I have to say, this charade called the drug war." That being said, though, Pitt says he doesn't currently imbibe himself. "My drug days are long since past," he admits.

A fast fix?

"I could find anything you're looking for, give me 24 hours or so."

Brad Pitt

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Kristen Stewart

Social media scaring Stewart

Becoming famous has made Kristen Stewart become afraid for her life, she admits in a new e-book called Robert Pattinson, Kristen Stewart, Taylor Lautner — In Their Own Words compiled by Talia Soghomonian. "Nowadays it's harder because everyone is on Facebook and everyone knows where you are all the time, and everyone's twittering," Stewart says. "Like I'm going to die because somebody is going to say where I am and somebody is going to kill me. Someone's going to twitter my location and then it's going to be like, boom."

Why you get adult acne

Skin care Are zits ruining your life? Experts tell us why we're never too old for a breakout.

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Did you just call in sick after noticing a big fat spot on your cheek? Bail on your super hot date?

"Acne equals ugly. It's a social stigma," Dr. Kathy Fields, founder of Proactiv skin care tells Metro.

But why?

"There's nothing more hurtful to the ego than being an adult with issues of a teenager," says Dr. Paul Jarrod Frank, cosmetic dermatologist. "It affects their ability to be successful at work and to have physical and emotional relationships. If their skin doesn't look good, they'll cancel social plans."

"Teens get acne on their nose, cheeks and forehead during puberty. In adults, it tends to appear along the hairline, chin and neck, and is caused by hormonal changes and stress," explains skin scientist Dr. Ava Shamban.

How it forms

Fields explains how the process is the same whether you're a teenager or an adult, male or female.

"All acne is hormonal but the process of a plug in the pore, the overgrowth of bacteria and the resulting inflammation (mild or severe) is genetic," Fields said.

Why it forms

Most likely: your hormones have gone haywire

Whether it's stress, diet, PMS or pregnancy, hormonal imbalance is the main



The 25-year-old 90210 actress Annalynne McCord recently embraced her blemishes by posting a picture of herself on Twitter with no make-up. GETTY IMAGES

reason why an adult gets acne.

"The first thing I want to know if a patient has acne is, what's going on with their hormones?" cosmetic dermatologist Dr. Elizabeth Tanzi tells Metro.

"Acne forms when an excess of male hormones called androgens (which occur in both men and women) stimulates the sebaceous glands to produce

extra oils," explains Shamban.

The sticky oil creates a plug under which bacteria begins to grow. The body's response with inflammation is the spot that shows up on the surface of the skin about two weeks later.

Very likely: you're stressed out

"Stress can trigger heightened levels of andro-

The stat

"30 to 50 per cent of adult women have acne."

Dr. Kathy Fields, founder of Proactiv
Speaking about the issues that adult women have.

gens, triggering breakouts. Cortisol (the stress hormone) and other adrenal steroids can stimulate the sebaceous glands, resulting in acne flare-ups," warns Shamban. "Cortisol is going to pump any time you are experiencing a stressful moment, whether that's a text from your crazy ex or getting promoted."

Less likely: it's your unhealthy lifestyle

Adults are desperate to find out why they have acne. Is it their diet, exercise, stress?

"Lifestyle is never really the cause, but it doesn't help," explains Frank.

"When we stress, we crave junk food and carbohydrates — another response to the rise in cortisol — which can trigger acne," says Shamban.

But according to Fields, the newest acne culprit may be (genetically modified) wheat.

"One theory is that the protein in wheat-gluten is very toxic to the gut. This could be causing extra inflammation in the body, which then translates into anything from headaches to acne."

Even less likely: mechanical rubbing

Acne mechanica is when inflammation from chronic rubbing leads to acne.

"We touch our face up to 12 times an hour. Resting your chin on your hand at work, pressing your cellphone on your chin, or wearing tight

clothing could be the cause," says Shamban.

Now fix it

Adult acne is treated differently to teen acne.

"Adults are breaking out but their skin isn't that oily. Classic treatments prescribed to teens irritate adult skin," says Tanzi.

You need to be more aggressive, adds Frank.

"Make a teenagers skin 50 per cent better and it's a success. Make an adult's skin 50 per cent better and they're still miserable."

Medicate

"You can't change your hormones if you're a man but for women, we can consider birth control pills to suppress sebum-triggering androgen production in the ovaries or anti-androgens to reduce sebum production," says Fields.

Make the right lifestyle choices

"When my patients go strict with no carbs and no dairy (they don't cheat and go gluten-free) and stick to fruit, vegetables and protein, their skin improves," says Fields.

According to Shamban, a diet high in vitamin A and beta-carotene helps.

"Sweet potatoes, apricots, kale or spinach increase your resistance to bacteria. Exercising also helps as it breaks the inflammation cycle in the body."

Clean, exfoliate and hydrate your skin

"Choose an AHA-based cleanser to clear dead skin and act as anti-inflammatory. Hydrate with a non-comedogenic moisturizer because if skin becomes dry, it will produce more oil and heighten breakouts," says Shamban.

Looking for answers one cell at a time

Health technology.

Tiny probes now capable of identifying serious illness on a microscopic level

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Cancer is an enormous problem — one that begins at the microscopic level. If one cell in a hundred-trillion becomes cancerous, that could herald

the onset of a catastrophic illness.

Pretty much anything is treatable at that level, but traditional diagnostic medicine simply can't get there that fast.

But a stunning new technology has created tiny probes, actually capable of finding and identifying illness — one cell at a time.

"These probes allow you to look at the cells inside the G.I. tract — the colon, stomach, esophagus, the bile ducts and pancreatic ducts," says Dr. Michel Kahaleh, professor of clinical medicine at Weill

Cornell Medical College.

"You finally get the one-stop shop. You come, you get a diagnosis, and you're treated the same day. A patient will be more relieved to know that they don't have cancer — or that it can be treated faster if they do."

The probes use an innovative technology called confocal laser endomicroscopy.

While not actually microscopic themselves, they can be threaded through tiny bodily structures, and have the imaging power to isolate — and explore — single human cells.



New technology is allowing for same-day diagnosis. ISTOCK PHOTOS

3
THE

The comfort of chicken noodle with an Asian twist



ROSE REISMAN
for more, visit
rosereisman.com

Udon are long, round noodles with a wonderfully dense texture.

This soup is an all-time favourite — it's not only delicious, but also quick to make.

Ingredients

- 4 oz skinless boneless chicken breast (about 1 breast), diced
- 2 tsp each minced fresh ginger and garlic
- 6 cups chicken or beef stock
- 2 tbsp low-sodium soy sauce
- 6 oz fresh udon noodles
- 2 cups sliced bok choy
- 1/2 cup sliced snow peas
- 6 oz raw shrimp, peeled, deveined and chopped (about 3/4 lb unpeeled)
- 1 cup bean sprouts
- 2 green onions, chopped
- 2 tsp sesame oil
- 3 tbsp chopped parsley



This recipe serves six. MARK SHAPIRO, FROM ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)

To keep the bean sprouts fresh longer, store them in water in the refrigerator.

1. Spray a non-stick wok or large non-stick saucepan with cooking oil. Add the chicken and cook over medium-high heat for 4 minutes, or until the meat is barely cooked through. Add the ginger and garlic and

cook for 1 minute. Set aside.

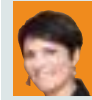
2. Bring the stock and soy sauce to a boil in a large saucepan. Add the noodles and return to a boil. Reduce the heat to medium-high and cook for 4 minutes, or until the noodles are tender. Add the bok choy, snow peas and shrimp. Cook for 2 minutes, or until the

shrimp are pink and the snow peas are tender-crisp.

3. Add the chicken, bean sprouts and green onions. Cook just until heated through. Ladle into individual bowls and garnish each serving with a drizzle of sesame oil and a sprinkle of parsley. **ROSE REISMAN'S COMPLETE LIGHT KITCHEN (WHITECAP BOOKS)**

Health Solutions

The Seedy Truth



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Theresa Albert
DHN, RNCPT
myfriendinfood.com

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- **Flax seeds: 110 mg**
- **Chia seeds: 118 mg**
- **Pumpkin seeds (green): 150 mg**

This brings a whole new meaning to the word "seedy."

Protecting each and every cell in your body is better served when you behave like a bird.

THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST AT ROSEDALEWELLNESS.COM IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM



Pretzel Cheddar Soup. Rich, creamy and salty



1. In a large deep pot, cook bacon over medium heat until crispy and browned, eight minutes. Using slotted spoon, transfer bacon to a paper towel, leaving the drippings in the pot.

2. Add onion, leek, carrots and celery to pot. Increase heat to medium-high and sauté vegetables until browned, 10 minutes. Add flour and stir to coat vegetables. Stir in Worcestershire sauce, Dijon mustard, ale and cayenne. Stir continuously while returning to a simmer.

3. Add chicken broth and milk and mix well. Return to simmer, then cover and lower heat to medium. Cook until vegetables are tender, 15 minutes.

4. Working in batches, transfer mix to blender and purée until smooth. Return soup to pot over low heat, then stir in cheese, a little at a time. Do not

allow soup to boil. Season with salt and black pepper. Ladle into bowls. Serve topped with broken pretzels.

THE ASSOCIATED PRESS

Ingredients

- 4 oz bacon, diced
- 1 yellow onion, diced
- 1 medium leek, white part only, diced
- 2 medium carrots, diced
- 2 stalks celery, diced
- 3 tbsp all-purpose flour
- 1 tbsp Worcestershire sauce
- 1 tbsp Dijon mustard
- 12-oz bottle ale
- Pinch of cayenne
- 1 cup low-sodium chicken broth
- 1 cup milk
- 1 lb very sharp cheddar, grated
- Salt and ground black pepper
- 1 cup broken pretzels

Cream of Broccoli gets added kick of sharp cheddar and bacon

1. Heat the oven to 450 F.

2. In saucepan over medium, heat 1 tablespoon of oil. Add bacon and cook, stirring, 8 mins., or until slightly golden. Use slotted spoon to transfer bacon to a bowl and set aside.

3. Reduce heat to medium-low. Add another tablespoon of oil and onion to pan, and cook, stirring occasionally, until onion softens. Add coarsely chopped broccoli (not florets), potato and chicken broth. Bring broth to boil, reduce heat and simmer, partially covered, for 20 mins., stirring every so often, or until broccoli and potatoes very tender.

4. Meanwhile, on rimmed baking sheet toss florets with remaining 2 teaspoons oil. Season with salt and pepper, then spread in an even layer. Roast in top third of oven 5 mins., or until lightly caramelized.

5. When vegetables in soup are tender, transfer soup to blender and purée, in batches, until smooth. Be careful and only fill blender a third full each time.

6. Return soup to saucepan, along with roasted broccoli florets

and bacon. Add the lemon juice, then season with salt and pepper. Add water, if necessary, to achieve the desired texture. Ladle the soup into 4 shallow soup bowls and top each portion with some of the cheddar.

THE ASSOCIATED PRESS/SARA MOULTON OF SARA'S WEEKNIGHT MEALS AND AUTHOR OF THREE COOKBOOKS, INCLUDING SARA MOULTON'S EVERYDAY FAMILY

Ingredients

- 2 tbsps plus 2 tsp extra-virgin olive oil, divided
- 3/4 lb Canadian bacon, chopped
- 1 medium yellow onion, sliced (about 1 cup)
- 2 lbs fresh broccoli (4 cups small florets set aside, the rest, including the stalks, trimmed of tough skin and coarsely chopped)
- 1 small Yukon gold potato (about 6 oz), scrubbed and thinly sliced
- 5 cups low-sodium chicken broth
- Kosher salt and ground black pepper
- 1 tbsp fresh lemon juice, or to taste
- 2 oz sharp cheddar cheese, coarsely grated



This recipe makes eight starter portions or four mains. MATTHEW MEAD/
THE ASSOCIATED PRESS

Dinner parties

Is it rude to bring one's own food?

Dear Charles The Butler. Is it considered rude to bring one's own food to a dinner party even when it's not a pot-luck affair?

The reason I ask is because I have a gluten intolerance and a few serious food allergies, so things can go wrong if I eat anything I'm not supposed to. I don't expect people to cater to my dietary needs or

change their menu plans for me at all but I'd like to be able to still go to a dinner party and not end up in the hospital.

How would you approach the host of the party in advance about this? I don't want to insult or offend anyone. What are your thoughts? Thanking you in advance, yours faithfully, Better Safe Than Sorry.



CHARLES THE BUTLER
askcharlethebutler@metronews.ca
For more, visit charlesmacpherson.com

Dear Better Safe Than Sorry, I truly believe that on the condition you are seriously allergic or have serious health issues, discussing this with the hostess ahead of time and bringing something simple that follows the host's meal is fine. My only fear in answering this question is that I don't want people to interpret that they can bring their own food for a multitude of reasons. This should only be done in extreme cases like yours. Usually it would be quite unacceptable.



Emergencies only: You should have a valid reason to bring your own food to a dinner party. iSTOCK

Dee truth about teaching: Comedian and former teacher tells it like it is

Excerpt from new book. Former educator turned funnyman relives his days in front of the blackboard with humorous results

ELIZABETH BEDDALL
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As young bright-eyed students we think of our teachers as all-knowing magicians who don't exist outside the realm of our classroom walls. But as we age we come to realize that our educators, much like celebrities, are just like us.

In his soon-to-be-released book, comedy all-star and former teacher Gerry Dee relives the proud, the painful and the totally hilarious moments of life in front of the chalkboard.

Check out this excerpt from *Teaching: It's Harder Than It Looks*, where Dee recounts the repercussions of a rough night out

"I made the big mistake of assigning a presentation on a day when I was hungover. Bad idea. The kids clap after every presentation. When you're hungover, that sound feels like someone's mowing your brain.

Presentation Day is the biggest day in the life of a Grade 5 student. They get so excited about their presentations, especially the girls. As soon as I said the word "presentation," the girls weren't listening anymore.

They were just waiting for the word "partners." And when I said the word "partners," they signalled across the class to their best girlfriends. The result was always the same. Some girl



They don't teach you this in school: Comedian and former teacher Gerry Dee. HANDOUT

signalled to her friend, and then had to announce it out loud: "Yes! We're partners. We're going to do our presentation together because we're partners."

"But can't I be your partner?" another girl would say. "Sorry, Julie. I already signalled to Jennifer." Then the girl who was left out would ask, "Sir, can we have groups of three?" "Sure, go ahead. You can have groups of eight, for all I care." I wasn't planning on listening to the presentations, so what did it matter?

"Yay!" More clapping.

Shoot me.

I hated partners because there was always some kid who'd never get picked. So I had to partner with him, which I was not in the mood to do. He might smell the booze on me and I would have had to do all the work. That's when I'd throw him with two girls I didn't like just to piss them off. "Julie and Samantha, Robert is going to join you two for your presentation on the giraffe." Ruined their life.

As I would listen to these presentations on the giraffe or the platypus or the hamster, it always amazed

me, first, how bad they were and, second, that the kids actually thought I was listening. They were so unorganized and boring. They would ask to start over every two minutes. They would argue about who was supposed to say what.

I would close my eyes and try to focus on getting rid of my headache. I'd already decided from the beginning that everybody was getting seven out of 10. Because there was no way I was actually going to listen to the presentations and mark them. I was hungover. I could barely breathe. But

these kids never got it, and they'd put their hearts and souls into their presentations.

Before the group of girls presented, they'd always have a little huddle conference, and I could hear them saying, "This is the biggest presentation of the year. It might be the biggest presentation of our lives. We need to do this right. We need to get extra marks. Right. Go team!"

They always had to get extra marks. They'd do anything to get extra marks. They'd bring in a giraffe if that meant they'd get



Gerry Dee has also released a book about his experiences in the classroom. HANDOUT

extra marks. "Suzie, it's time. Bring in the giraffe. Class, this is our giraffe. We brought him from Africa especially for our presentation. Giraffe, stop! Stay still!"

"That's great, girls. You brought in a live giraffe. Excellent idea. That is worth a bonus mark."

What I wanted to say was, "Are you kidding me? You went to Africa for a Grade 5 presentation that I am not even listening to? Get the giraffe out of here!"

Inevitably, the girls' groups would break down half-way through the presentation and they'd all start to argue.

"Today we are going to talk about the giraffe. The giraffe is an animal that—"

"Hey, I was supposed to say that!" "No, you weren't." "Yes, I was. That's what we agreed!" "Sir, can we start from the beginning?" "No. No way. That was great. Seven out of ten. Sit down."

Next up, John is doing the platypus."

Gifts

It's not too early to start holiday shopping



FUN AND FRUGAL
Lesley Scorgie
money@metronews.ca

On Thanksgiving Monday, my family pulled names from a Santa hat for our Secret Santa gift exchange that will take place over the Christmas holidays. Though it may seem a bit early, with limits of \$150 per gift, and only one gift per person, we're ready to start shopping.

According to a poll conducted by Retailmenot.com in October, approximately 40 percent of consumers start holiday shopping at the beginning of November.

But, 70 percent of respondents still have a dismal view of the economy and nearly 25 percent are concerned about being able to afford their holiday purchases over the next few months.

Start your holiday shopping early this year and save a bundle.

Having more time to shop is beneficial because you'll be less likely to cave-in to last minute impulse purchases.

You'll have more time to get organized, source out deals, and find coupons.

The IPSOS poll conducted in November of 2011 revealed that Canadians spend approximately \$650 on holiday shopping. If you're like most Canadians and get paid twice a month, you have approximately five pay cheques to go before the holidays are here.

If you spread out your purchases equally between each



Many consumers are starting their holiday shopping by the beginning of November. ISTOCK IMAGES

pay period, which will allow you to ease up on your cash flow, you'll spend approximately \$130 per cheque (\$650 divided by five pay cheques).

If your pay cheques are 100 per cent maxed out, generate some extra cash by working overtime or doing freelance work like writing or cleaning up yards.

Cut out parking expenses and take the bus or Car2Go instead. Forgo eating out and make meals at home. Sell underutilized goods from your house on Kijiji; ensure you post a good picture, description and price it right. Raise your insurance deductible, which can save hundreds each month.

If you're heading down to the U.S. for work or pleasure, pick up your gifts while you're away. With higher duty-free limits, a strong Canadian dollar, greater selection and deep

discounts (related to a struggling U.S. economy), you can save big dollars on gifts.

While you're loading up on bulk toilet paper at Costco, look for discounted gift ideas.

Each year I purchase an on-sale box of 12 bottles of quality wine, from a local bulk distributor, which I keep on hand for gifts and dinner parties. I also try to buy more expensive gifts at bulk distributors because their buying power is strong and translates into savings for me.

Rather than stretching your budget to purchase little gifts for everyone in the family, try a Secret Santa where you draw names and only buy one gift.

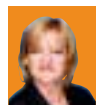
Alternatively, talk to your family about having a 'lean' holiday season where you exchange small items, baking, or simply spend time together rather than spending money.



A recent survey shows 54 per cent of boomers nearing retirement had either started a small business or were contemplating it. ISTOCK IMAGES

The boom in boomer business

Alison on Money.
Canadian boomers giving 'retirement' a whole new meaning



YOUR MONEY
Alison Griffiths
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It's the classic Canadian retirement scenario: Travel, time with the grandkids, golf and gardening. Sound good?

Not according to a whole bunch of about to "retire" Canadians. A recent survey conducted for TD Canada Trust found an astonishing 54 per cent of boomers nearing retirement had either started a small business (15 per cent) or were contemplating it (39 per cent).

After operating my own small business (writing) for more than 30 years, the idea of becoming an entrepreneur near retirement seems, well, kind of tiring.

I assumed the rush to be a late life startup relates to

worries about retirement income. Unfortunately, that question wasn't directly asked. However, 53 percent did want more money and 32 per cent said that opening a business was part of a retirement strategy.

But for the majority, the motivation doesn't seem to be about money. Fifty-eight percent just want to be their own boss.

Warning! When you operate a business you don't just have one boss; often you have many and it can be hard to serve numerous masters well.

I can understand starting a business that capitalizes on existing skills and contacts to supplement retirement income. This is a natural progression with no steep learning curve.

I guessed that many of those surveyed would follow this path.

Wrong again. Sixty-seven percent intend to venture into something that has nothing to do with their day job. This is where I worry. It's a special person who can start and run a small business after a lifetime of being an employee.

In numbers

- 9.6 million Canadians are boomers.
- 29 per cent of Canadians are boomers.

Forty-two percent of the budding entrepreneurs admit that financing is going to be the big challenge. As a public service I will save them some trouble. They won't get any. A line of credit is likely to be their best and only friend.

On the plus side, boomers have tons of experience — most have weathered difficulties and disappointments. They're also more likely to know how to ask for help and admit mistakes than the younger set. Learning to park your pride takes time.

Another plus. You can't golf or garden in the snow. But weather is no barrier to messing about with a grand idea.

Contact Alison at griffiths.alison@gmail.com or www.alisongriffiths.ca



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No regrets from Sinclair after four-game FIFA ban

Soccer. Canadian Olympic women's team captain was disciplined for behaviour toward official after loss to U.S.

It wasn't Christine Sinclair's scathing comments to the media that landed her in hot water, but her actions toward an official.

Canada's women's soccer captain received a four-game suspension from FIFA last Fri-

day for "displaying unsporting behaviour towards match officials after the match."

The 29-year-old from Burnaby, B.C., said she accepts FIFA's ruling, but has no regrets for her actions following Canada's heartbreaking 4-3 semifinal loss to the United States at the London Olympics.

"I don't regret what I said," Sinclair said on a conference call Monday. "We had just lost the chance at playing for an Olympic gold medal and that's a dream that all of us have, and it was a very intense time and

Quoted



"No, I don't ultimately believe that (Christiana Pedersen) went into the match hoping the U.S. would win."

Christine Sinclair when asked Monday if she truly believed the semifinal match against the U.S. was fixed by referee Christiana Pedersen

I was emotional and I wouldn't want to change that."

Sinclair was also fined 3,000 Swiss francs (\$3,152), plus 500 Swiss francs (\$525) as a processing fee. The Canadian Soccer Association will pick up the tab.

The CSA has requested the reasons for judgment from FIFA and expects to receive those in about 10 days.

Sinclair recorded all three goals for Canada in the Olympic semifinal at Old Trafford.

Canada had the lead until the Americans pulled even late in the second half before adding the winner in extra time.

Sinclair and several teammates lashed out publicly at referee Christiana Pedersen after feeling robbed in a loss they believed was decided by officials.

"We feel like we didn't lose, we feel like it was taken from us," Sinclair said after the final whistle. "It's a shame in a game like that, that was so important, the ref decided the result before it started."

THE CANADIAN PRESS

Cubans, Canada

FIFA head responds to defections

FIFA President Sepp Blatter plans to speak with Cuban officials after three national team players defected in Canada ahead of a World Cup qualifier last week.

The players disappeared nine months after two players with the Cuba women's team fled to the United States following a match against Canada in Vancouver.

Blatter said Monday that the defections had become "a presidential question" for FIFA and not just an issue for the competitions department.

THE ASSOCIATED PRESS



Canadians prepare for 'hell' of a match in Honduras

Canada's men's national soccer team gather for practice in San Pedro Sula, Honduras, on Monday. Canada faces Honduras in a key World Cup qualifying match on Tuesday. Canadian midfielder Julian de Guzman knows what to expect when he emerges onto the pitch at the Estadio Olimpico Metropolitano. "You're going to expect hell," the veteran of three World Cup qualifiers said Monday. NEIL DAVIDSON/THE CANADIAN PRESS

NHL. CBA talks to return to 'main issues' Tuesday

The key negotiators in the NHL's collective bargaining talks will look to start bridging the gap on economic issues when they resume negotiations.

A meeting between the league and union is scheduled for Tuesday morning where the sides will discuss "ideas for moving the process forward on the main issues," according to deputy commissioner Bill Daly.

Beyond that, there is no set agenda.

The session will feature the Big Four involved in talks — commissioner Gary Bettman and Daly for the NHL, and executive director Donald Fehr and special counsel Steve Fehr for the NHL Players' Association.

Neither side has formally tabled an offer since Sept.

Spinning wheels

The sides have maintained a frequent dialogue since the lockout was enacted on Sept. 15, but haven't reported much progress.

- Meetings have largely centred on secondary issues such as drug testing and grievance procedures, and the league has been pushing for the NHLPA to deliver a new proposal on the system for dividing up revenues.

12, when they each put one on the table. Both of those expired when the lockout started.

THE CANADIAN PRESS

CFL

Argonauts give Williams his walking papers

T.J. Williams paid a hefty price for missing a tackle.

The Toronto Argonauts released the rookie defensive back Monday after Williams missed a tackle on Montreal receiver Jamel Richardson in the Alouettes' 24-12 victory at Rogers Centre on Sunday.

Richardson scored on a 75-yard touchdown pass from Anthony Calvillo late in the third quarter. Williams had a shot at Richardson at about the Toronto 10-yard line and instead of making the tackle appeared to try to knock Richardson out of bounds.

But he ended up barely touching the Montreal receiver, who scored easily.

THE CANADIAN PRESS

MLB. Tigers' pitching staff having terrific post-season

There were times this year when Justin Verlander took the mound while his team was reeling a bit — and the right-hander's presence was Detroit's best shot at snapping out of a momentary funk.

Now, the hard-throwing ace is in a different situation. Led by Verlander, the Tigers' rotation has been absolutely terrific this post-season, and his job is simply to keep this remarkable run going against the slumping New York Yankees.

"I think pitching, much like hitting, is contagious," Verlander said. "Guys go out there night in and night out and see guys have a good game, and the next day he wants to have a good game, so on and so forth. And I think that's what we are feeding on right now."

The Tigers won the first two games of the AL championship

By the numbers

0.94

Detroit's starters have posted an 0.94 ERA in the playoffs this year. The post-season record for a starting staff pitching at least seven games is 1.05, set by the 1920 Cleveland Indians, according to STATS LLC.

series in New York, holding the Yankees scoreless except for one brief uprising against closer-in-limbo Jose Valverde. With the exception of Valverde, no Detroit pitcher has allowed an earned run since Game 3 of the division series against Oakland.

Verlander takes the mound Tuesday night in Game 3 of the ALCS. The reigning AL MVP won both his starts against the A's, throwing a shutout in the decisive fifth game.

THE ASSOCIATED PRESS

Horoscopes

Aries

March 21 - April 20

You may be a bit short-tempered today, especially where money matters and business issues are concerned. If you let your negative feelings get the better of you, bad and divisive words could follow. It's really no big deal.

Taurus

April 21 - May 21

You may not be lacking in confidence but confidence is not what you need more of today — you need more common sense. If you take on too much or challenge someone who is bigger than you, the results won't be pretty.

Gemini

May 22 - June 21

You must not allow loved ones and colleagues to pile more work on your plate. Be wary of those who try to use emotional blackmail to get their way. You have nothing to feel guilty about, whatever they might say.

Cancer

June 22 - July 23

You may find it hard to keep your cravings in check over the next 24 hours and that could jeopardize a relationship that is fragile. Variety may be the spice of life, but do you really have to sample everything?

Leo

July 24 - Aug. 23

Your home life and your working life will clash today. Only you can decide which means more to you, but think twice before you sacrifice your ambitions for the sake of a loved one. Would they do the same for you?

Virgo

Aug. 24 - Sept. 23

No matter how much others may irritate you today, you must keep your emotions under control. The planets warn if you say or do anything hurtful now, you will pay for it later.

Libra

Sept. 24 - Oct. 23

You may think that you will lose out if you don't make a quick decision but it isn't true. In fact, the longer you put off making a choice the more likely it is others will make the right choice for you.

Scorpio

Oct. 24 - Nov. 22

You will be even more imperious than usual today, maybe as an over-reaction to yesterday's new moon. Don't be too aggressive though or it could cost you. It will take time and effort to repair a damaged friendship.

Sagittarius

Nov. 23 - Dec. 21

Although you find it easy to get out into the world and make new friends, you also need to reserve some time and space for yourself. Stand back from the hustle and bustle today, and just enjoy being yourself.

Capricorn

Dec. 22 - Jan. 20

Take care you don't go over the top today, either at home or at work. If you do, you are sure to regret it. Tone down your act a bit and give your rivals more respect. They're not really enemies.

Aquarius

Jan. 21 - Feb. 19

Be nice to everyone you meet over the next 24 hours but especially to employers and people in positions of authority. The last thing you want is to give them an excuse to make life difficult for you.

Pisces

Feb. 20 - March 20

New ideas and new ways of doing things may look attractive but don't discard the old ways all in one go. Aim to get the balance right and get the best of both worlds — it's not really hard. **SALLY BROMPTON**

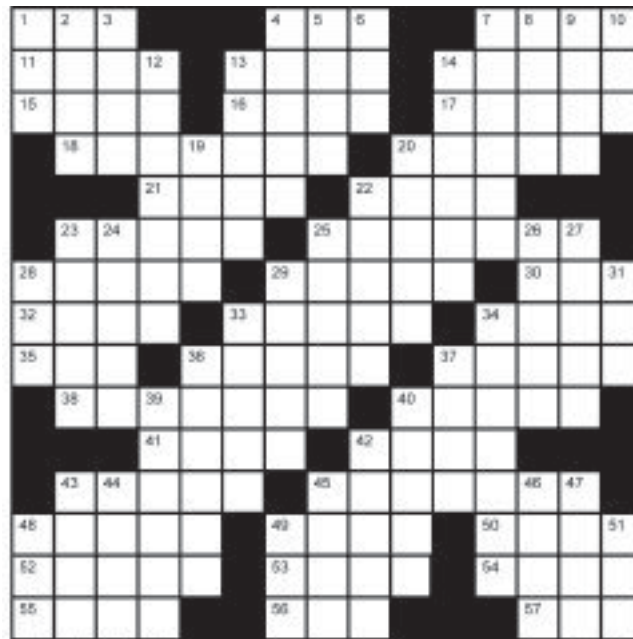
Canadian Singers Cross Each Other

Across

1. Flower garden
4. Official Parliament opposition: initialism
7. Chief
11. Allies' foe in WWII
13. Belle's boyfriend
14. Becomes weary
15. Essence of an argument
16. Bring in, as wages
17. Raises, as children
18. IMAX ____
20. Burnaby, BC-born pop singer Michael
21. Brains
22. Dainty fabric
23. Cathedral topper
25. ____ Party: Canada's oldest federally registered party
28. People buy Dr. Scholl's products for these
29. Spelunking sites
30. Box cover
32. Online report
33. Three goddesses of destiny, with "the"
34. Voice type between soprano and tenor
35. Soup container, often
36. Buenos ____, Argentina
37. Oak nut
38. Alberta's third-largest municipality (after Calgary and Edmonton) (2 wds.)
40. Decrease in intensity
41. How a lazybones hangs around
42. Brought to court
43. Longed (for)
45. Refer to incidentally
48. Cake maker
49. ____ et Chandon

Down

50. Violently frenzied
52. Affirms positively
53. Pea containers
54. Central area of a church
55. Afternoon affairs
56. Pig pen
57. Sunbeam
1. Paper or plastic grocery item
2. Egress
3. Satellite TV receiver
4. Approaches
5. "Bet you can't," e.g.
6. Sometimes groan-inducing bit of wordplay
7. Justin ____: London, Ontario-born Never Say Never pop star
8. Spoken
9. Desiccated
10. Serpentine warning
12. Preparing a beef and vegetable dish
13. Singer Midler or actress Davis
14. Breaks from fighting
19. Broadcasts
20. Infants "in the woods"
22. A cat has nine
23. Alternative to fossil fuels
24. On one's belly
25. "Toodlee-oo"
26. Assign as one's share
27. Gasoline unit
28. Blue Jays' games airtier
29. Mariah ____: 1990 Best New Artist Grammy



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- winner
31. Controversial hockey commentator Cherry
33. Ballpark
34. Early French Canadian
36. Poisonous snakes
37. Aid, particularly someone in the commission of a crime
39. Informal roadside restaurants
40. Cousins' mothers
42. Shabby
43. Apply asphalt
44. Big name in home furnishings
45. No longer relevant
46. Rubaiyat poet Khayyam, actor Sharif, or House actor Epps
47. ____ Scotia
48. Dracula creature
49. Partiammentarians, for short
51. Door opener

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku



Weather

TODAY

WEDNESDAY

THURSDAY



MAX: 15°
MIN: 4°



MAX: 14°
MIN: 7°



MAX: 9°
MIN: -1°



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